

VUFC Playing Time Policy for Divisional Teams (U11 to U18)

All players, subject to regular attendance and acceptable behavior at training and games, are entitled to be played a minimum of half a game every game. This cannot be averaged out over the season.

This policy holds, subject to the following:

Coaches have the ability to reduce playing time below the minimum for some of the following reasons.

- a) Poor behaviour or effort at games and practices.
- b) On going absences from games/practices.
- c) Lack of communication in regards to absences from games/practices.

Once the coaching staff notice a demonstrable improvement in the reason(s) why playing time was withheld, it is expected that coaches return to playing the player a minimum of a half game every game.

It is expected that all players/parents demonstrate respectful and timely communication of all absences from practice and games.

VUFC Commitment Expectations by Level:

Gold Teams: Practice 2 times per week and one game per week. Coaches may enter teams into some in season and off season tournaments after consulting with team.

Silver Teams: Practice 1 times per week and one game per week. A Silver team may add an additional practice per week. However, the second practice is considered optional and will not factor into attendance as it relates to playing time. Silver coaches holding a second practice should clearly identify to parents/players which practice in the 1st practice, and which is the optional session. Coaches may enter teams into some in season and off season tournaments after consulting with team.

Bronze Teams: Practice 1 times per week and one game per week. Coaches may enter teams into some in season and off season tournaments after consulting with team.